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Information for weather-impacted employees in Virginia

Our thoughts are with all the employees and their loved ones affected by recent significant weather. Here are some resources that you may find helpful. Resources are updated regularly at <u>maximus.com/weather-impacted</u>.

Download the <u>free FEMA App</u> available in English and Spanish to receive real-time weather alerts and find local emergency shelters in your area.

National resources

The following resources may be helpful when you're faced with natural disaster.

- Ready.gov Disaster Preparedness
- Federal Emergency Management Agency (FEMA)

Hurricane preparedness

- American Red Cross Hurricane Safety
- Hurricane Safety Checklist
- <u>National Weather Service Hurricane Preparedness</u>
- <u>Ready.gov Hurricanes</u>

Shelter locators

- American Red Cross Shelter Locator
- <u>Disaster Recovery Center Locator</u> or text DRC and your ZIP code to 43362

After Disaster

- After-Disaster Stress Reactions and Self-Care Strategies
- EAP: Post-Hurricane toolkit
- Managing Distress after Disaster
- National Disaster Assistance Resources
- <u>Recovering after a Hurricane or Flood</u>
- Strategies for Coping with Uncertainty
- <u>Technology Tips: Staying Connected During Disaster</u>

Virginia Resources

Open shelters

- Department of Housing and Urban Development list of Virginia Shelter resources
- American Red Cross Shelter Locator
- <u>Disaster Recovery Center Locator</u> or text DRC and your ZIP code to 43362

Road closures and evacuations

- Go to <u>511virginia.org</u> for the latest travel information, including road closures, or dial 511 for telephone information. You can also download the 511 Virginia app on the <u>App Store</u> or <u>GooglePlay</u>.
- Virginia Department of Emergency Management Evacuation Zone Locator

Additional resources

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• Virginia Department of Emergency Management website and X (Twitter) account.

Maximus resources

National Toll-Free Announcement Line

Check-in frequently with the Maximus National Toll-Free Announcement Line (855.576.1288) for site updates and possible changes to hours of operation due to the current situation.

Human Resources Service Center

If you do not have access to the internet because of damage or overload to the local infrastructure, you can also contact the Human Resources Service Center at 866.307.1477. They can provide assistance with resources like Natural Disaster leave, the Employee Assistance Fund, and more.

Employee Assistance Program

The EAP provides confidential consultations, information and resources, connections to community agencies and support organizations, and referrals to in-person or virtual counseling. The EAP is available to all Maximus employees and people in their households.

You can contact the Employee Assistance Program and talk to a consultant at any time, 24 hours a day, 365 days a year. Reach out to a consultant to see how they can help:

- Call 855.522.1310 (24 hours a day, 365 days a year)
- Chat with a consultant online
- Visit login.lifeworks.com
 - Username: maximuseap
 - Password: maximus

TELUS Health also provides support for the general public in times of crisis or traumatic events. If you are not eligible for the Maximus EAP program (meaning not a Maximus employee or part of an employee's household), you can reach out for support from the TELUS Health Crisis Support line at 877.757.7587 or by visiting their <u>Crisis Response page</u>.