## How to take Clear2Work Health Check

Updated July 16, 2020

From the NexJ Health Coach mobile app:

- 1. Log into the mobile app
- 2. Go to the "To Do Today" section and then tap the "Clear2Work Health Check" task (the due date will show the next business day)



- 3. Complete the 12-question assessment (includes one optional question, depending on response to question 11)
- 4. Once done, tap "Next"



- 5. Your results will be shown on the next page based on your answers:
  - a. I acknowledge that I am CLEAR to proceed to work
  - b. I acknowledge that I am NOT CLEAR to proceed to work
- 6. Check the box and hit "Submit"

From the web browser:

- 1. Log into Connected Wellness at us.connectedwellness.com
- 2. Go to the "To Do Today" section and then tap the "Clear2Work Health Check" task (the due date will show the next business day)
  - To Do Today To Do Today Friday, April 10, 2020
- 3. Complete the 12-question assessment (includes one optional question, depending on response to question 11)
- 4. Once done, tap "Next"



- 5. Your results will be shown on the next page based on your answers:
  - a. I acknowledge that I am CLEAR to proceed to work
  - b. I acknowledge that I am NOT CLEAR to proceed to work
- 6. Check the box and hit "Submit"